



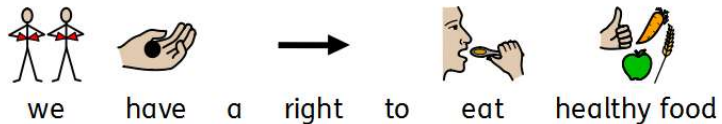
we have a right to eat healthy food

# Lunch Menu

## St Bernards School

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>First Choice</b>	Chinese Chicken stir Fry with Noodles	Meat Pie Gravy Mash Potato Vegetables	Chicken Kiev Diced Potatoes Vegetables	Beef Lasagna Garlic Bread Salad	Burgers Chips Baked Beans
<b>Second Choice</b>	Cold Ham Pasta Mayo Salad	Jacket Potato Tuna Mayo and sweetcorn Salad	Halloumi and Vegetable Pasta Bake Garlic Bread	Cajun Chicken Mayo Wraps Salad Coleslaw	Breaded Fish Chips Baked Beans
<b>Sweet Treats</b>	Sponge Pudding Custard Fresh Fruit	Biscuits Fresh Fruit	Chocolate Sponge and Chocolate Sauce Fresh Fruit	Jelly Fresh Fruit	Cake Fresh Fruit

**If you have any questions about allergens or intolerances please speak to Teresa or Diane in the kitchen**



# Lunch Menu

## St Bernards School

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>First Choice</b>	Chicken Curry Rice Naan	Pork Loin in Onion Gravy Vegetables Mash	Beef Hot Pot Vegetables	Mince Beef Vegetables Mash	Pizza Chips Peas
<b>Second Choice</b>	Beef Bolognaise Pasta Bake Garlic Bread	Tomato and Basil Pasta Bake Garlic Bread	Fajita Tray Bake	Chicken Bacon Mayo Salad Jacket Potato	Fish Fingers Chips Peas
<b>Sweet Treats</b>	Mousse Fresh Fruit	Toffee Pudding Vanilla Sauce Fresh Fruit	Fruit Yoghurt Fresh Fruit	Fruit Crumble Custard Fresh Fruit	Cake Fresh Fruit

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# Lunch Menu

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>First Choice</b>	Sausage Mash Potato Gravy Vegetables	Mince Beef Mash Potato Vegetables	Hunters Chicken Vegetables Diced Potatoes	Meatballs in Tomato Sauce Pasta Garlic bread	Fish Cakes Chips Peas
<b>Second Choice</b>	Tomato and Basil Pasta Bake Garlic Bread	Cheese and Ham Wraps Salad Coleslaw	Cold Tuna Mayo Pasta Salad	Jacket Potato Cheese and Baked Beans	Cheese Onion Rolls Chips Peas
<b>Sweet Treats</b>	Milk Pudding Fresh Fruit	Fruit Yoghurt Fresh Fruit	Fruit Sponge Custard Fresh Fruit	Jelly Fresh Fruit	Cake Fresh Fruit

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